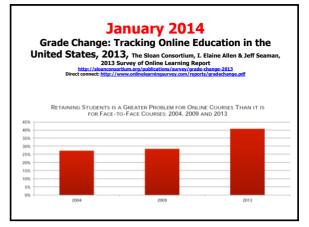
Adding Motivation to Online and Blended Courses and Activities with the TEC-VARIETY Model

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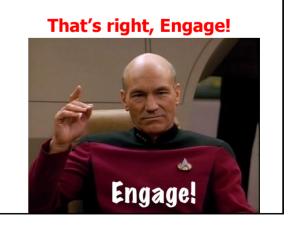




















Motivation Research Highlights (Jere Brophy, Michigan State University)

- 1. Supportive, appropriate challenge, meaningful, moderation/optimal.
- 2. Teach goal setting and self-reinforcement.
- 3. Offer rewards for good/improved performance.
- Novelty, variety, choice, adaptable to interests.
 Game-like, fun, fantasy, curiosity, suspense, active.
- 6. Higher levels, divergence, dissonance, peer interaction.
- 7. Allow to create finished products.
- 8. Provide immediate feedback, advance organizers.
- 9. Show intensity, enthusiasm, interest, minimize anxiety.
- 10. Make content personal, concrete, familiar.



Intrinsic Motivation

- "...innate propensity to engage one's interests and exercise one's capabilities, and, in doing so, to seek out and master optimal challenges
- (i.e., it emerges from needs, inner strivings, and personal curiosity for growth)

See: Deci, E. L., & Ryan, R. M. (1985). Intrinsic motivation and self-determination in human behavior. NY: Plenum Press.



Framework: TEC-VARIETY for **Online Motivation and Retention**

- 1. Tone/Climate: Psych Safety, Comfort, Belonging
- 2. Encouragement, Feedback: Responsive, Supports
- 3. Curiosity: Fun, Fantasy, Control
- 4. Variety: Novelty, Intrigue, Unknowns
- 5. Autonomy: Choice: Flexibility, Opportunities 6. Relevance: Meaningful, Authentic, Interesting
- 7. Interactive: Collaborative, Team-Based, Community
- Engagement: Effort, Involvement, Excitement 8.
- 9. Tension: Challenge, Dissonance, Controversy
- 10. Yields Products: Goal Driven, Products, Success, Ownership

Every Chapter is Free in TEC-Introducing the "TEC-VARIETY... VARIETY book... http://tec-variety.com/freestuff.php http://tec-variety.com/ ADDING SOME TEC-VARIETY IN* Activities for Materiality and The What motivates? Tone/Climate: Psychological Safety, Comfort, Sense of Belonging Encouragement: Feedback, Responsiveness, Praise, Supports Curiosity: Surprise, Intrigue, Unknowns Variety: Novelly, Fun, Fantasy ADDING SOME TEC-VARIETY TEC-VARIETY: Variety: Novelty, Fou, Fantasy Autonomy: Choice, Control, Flexibility, Opportunities Relevance: Meaningful, Authentic, Interesting Interactivity: Collobarative, Team-Based, Community Engagement: Effort, Involvement, Investment Tension: Challengo, Bissoancoc, Centroversy Yielding Products: Goal Driven, Purposeful Vision, Ownership 5 9 10









1. Tone/Climate: Social Ice Breakers

C. 8 nouns (adjectives, verbs)

- List of nouns: (e.g., pirate, computer, traveler, roadrunner, wind, bookworm, musician, mentor, etc.)
 <u>http://www.momswhothink.com/reading/list-of-nouns.html</u>
- List of adjectives: (e.g., lazy, powerful, shy, bored, exotic, cooperative, sloppy, rebel, etc.)

 http://www.momswhothink.com/reading/list-of-adjectives.html
- List of verbs: (e.g., coordinate, entertain, amuse, push, unite, beg, dream, publicize, etc.)
 http://www.momswhothink.com/reading/list-of-verbs.html

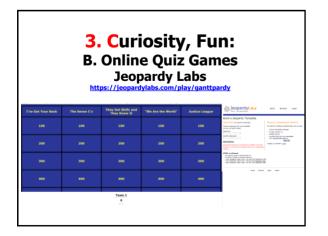












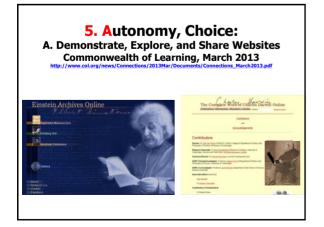




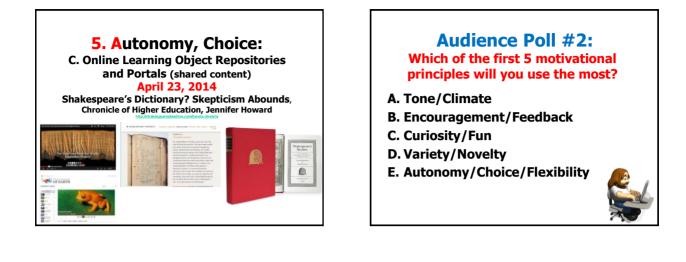




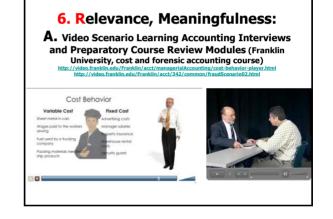


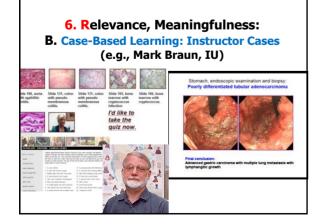






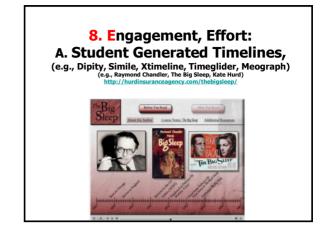








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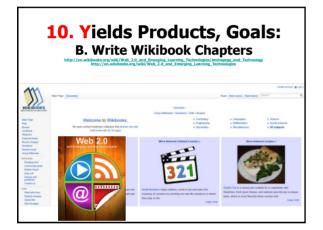


















Audience Poll #4: Which of the last 5 motivational principles will you use the most?

- A. Relevance/Meaningfulness
- **B. Engagement/Effort**
- C. Interactive/Collab/Community
- D. Tension/Challenge/Dissonance
- E. Yielding Products/Goals



Commitments: Stop and Share: Which principle(s) of TEC-VARIETY will you use? Tone/Climate Encouragement, Feedback Curiosity

Variety Autonomy Relevance Interactive Engagement Tension Yields Products









